



Athletic Rehabilitation Therapy IRELAND

Certified Athletic Therapist (CAT) Code of Ethics

Approval Authority: ARTI Executive Board

Date: April 2026



Introduction

The Code of Ethics of Athletic Rehabilitation Therapy, Ireland (ARTI) states the principles of ethical behavior that should be followed in the practice of all Certified Athletic Therapists and ARTI members. It is intended to establish and maintain high standards and professionalism for members of ARTI.

Principles of ARTI Code of Ethics

1. Members shall respect the rights, welfare, and dignity of all.

- 1.1.** Members shall respect and uphold the rights, dignity and individual sensibilities of every patient.
- 1.2.** Members shall comply at all times with relevant anti-discriminatory legislation.
- 1.3.** Members shall be committed to providing competent care.
- 1.4.** Members shall preserve the confidentiality of privileged information and shall not release such information to a third party not involved in the patient's care unless the person consents to such release or release is permitted or required by law.

2. Members shall comply with the laws and regulations governing the practice of neuromusculoskeletal management in physical activity.

- 2.1.** Members shall comply with applicable laws and institutional guidelines.
- 2.2.** Members shall be familiar with and abide by all ARTI standards, rules and regulations.
- 2.3.** Members shall report illegal or unethical practices related to Athletic Rehabilitation Therapy to the appropriate person or authority.
- 2.4.** Members shall avoid substance abuse and, when necessary, seek rehabilitation for chemical dependency.

3. Members shall maintain and promote high standards in their provision of services.

- 3.1.** Members shall provide only those services for which they are qualified through education or experience and which are allowed by their practice acts and other pertinent regulation.
- 3.2.** Members shall provide services, make referrals, and seek compensation only for those services that are necessary.
- 3.3.** Members shall recognize the need for continuing education and participate in educational activities that enhance their skills and knowledge.
- 3.4.** Members shall educate those whom they supervise in the practice of Athletic Rehabilitation Therapy about the Code of Ethics and stress the importance of adherence.
- 3.5.** Whenever possible, members are encouraged to participate and support others in the conduct and communication of research and educational activities that may contribute to improved service, client or student education and the growth of evidence based practice in neuromusculoskeletal management.
- 3.6.** Members who are researchers or educators should maintain and promote ethical conduct in research and educational activities.

4. Members shall not engage in conduct that could be construed as a conflict of interest or that reflects negatively on the profession.

- 4.1.** Members should conduct themselves personally and professionally in a manner that does not compromise their professional responsibilities or the profession of Athletic Rehabilitation Therapy.
- 4.2.** Members shall not place financial gain above the patient's welfare and shall not participate in any arrangement that exploits the patient.
- 4.3.** Members may seek remuneration for their services that is commensurate with their services and in compliance with applicable law.
- 4.4.** Members shall not, through direct or indirect means, use information obtained in the course of the practice of Athletic Rehabilitation Therapy to try to influence the score or outcome of a sporting event, or attempt to induce financial gain through gambling.

5. Members shall accept responsibility for their scope of practice as part of a multi-disciplinary team responsible for the healthcare of the physically active.

- 5.1.** Members shall provide only those services for which they are qualified.
- 5.2.** Members shall communicate effectively with other healthcare professionals and relevant outside agencies to ensure optimum care.
- 5.3.** Members shall respect the integrity of other healthcare professionals at all times.